

# Notice for Safe Polar Expedition

The Korea Polar Research Institute (KOPRI) dictates the following for the safety of all who participate in the polar scientific programs of KOPRI. Your thorough reading and positive cooperation would be appreciated.

## 1. Submission of Health Examination Documents

In order to check your physical health before you join our polar scientific program and to collect necessary information for proper treatment and medical advice during your expedition, the following physical check-up documents must be submitted.

- Self-reported Arctic & Antarctic Service Medical Questionnaire provided by KOPRI (See attachment)
  - Submission deadline: 60 days before the start of the research activity or program
- Medical Report on 'the basic medical check-up items' requested by KOPRI (See attachment)
  - Submission deadline: 60 days before the start of the research activity or program
- Prior vaccination against endemic diseases (hepatitis B, tuberculosis) is recommended for personal health
  - The data you provided will be collected by the safety department of KOPRI and will be utilized only by the medical institutions (including the doctors in charge) designated by KOPRI when necessary.

## 2. Completion of Basic Safety Training

If you are participating in a research activity on board the icebreaker *RV Araon*, you will be asked to complete the safety training courses equivalent to the following and submit a copy of the completion certificate before you embark on to the official trip.

### **STCW Codes**

- Personal Survival Techniques Table A-VI/1-1
- Fire Fighting and Fire Prevention Table A-VI/1-2
- Elementary First Aid Table A-VI/1-3
- Personal Safety and Social Responsibility Table A-VI/1-4

### **OPITO BOSIET (Basic Offshore Safety Induction & Emergency Training) Course**

- Basic Theory of Offshore Structures
- Helicopter Safety Induction and Underwater Escape Training
- Sea Survival and First Aid Training
- Basic Fire Fighting and Self-Rescue Training

If you are not able to submit all the above-mentioned certificates due to unavoidable circumstances (i.e. time schedule, etc.), you are strongly recommended to submit a copy of Personal Survival Techniques Table A-VI/1-1 certificate first and consult with the designated KOPRI safety officer.

### **3. Other Recommendations**

To participate in the polar scientific programs of KOPRI, you are recommended to prepare the following before you embark on the official trip.

- Please be certain to receive a permit for your polar research activities from your country or institution before the official trip, which guarantees compliance with international convention, domestic legislations, institution regulations, etc.
- Please be certain to buy an overseas travel insurance for your trip that includes the schedules of your polar expedition.
- Please be certain to prepare polar clothing suitable for your field activities to protect yourself from hypothermia, snow blindness, frostbite, etc., during your stay in the polar region.

### **4. Restriction of Activities**

In the following cases, your polar scientific program activities in KOPRI may be restricted.

- If you do not receive the permit complying with international convention, domestic legislations and the institution's regulations
- If you have a serious illness or disease
- If you do not complete the safety trainings appropriate for the polar research activities

**Korea Polar Research Institute**